



Barack Obama's Family Chili Recipe

1 large onion, chopped
1 green pepper, chopped
Several cloves of garlic, chopped
1 tbl. olive oil
1 pound ground turkey or beef
¼ tsp. ground cumin
¼ tsp. ground oregano
¼ tsp. ground tumeric
¼ tsp. ground basil
1 tbl. chili powder
3 tbl. red wine vinegar
Several tomatoes, depending on size, chopped
1 can red kidney beans, drained

1. Sauté onions, green pepper and garlic in the olive oil until soft.
2. Add ground meat to the pan and brown.
3. Combine spices together into a mixture, then add to ground meat.
4. Add red wine vinegar and tomatoes and let simmer until tomatoes cook down.
5. Add kidney beans and cook for a few more minutes.

Serve over white or brown rice. Garnish with grated cheddar cheese, onions and sour cream.

Nice wines with this would be a Livermore Valley Petite Sirah or a Sierra Foothills Zinfandel.

Thank you to Good Morning America for this recipe.